



21-DAY RESET

Starting on 12 June

RESET your metabolism

RESET your mindset

RESET your body's
detoxification

Suzan will teach you ways to enhance all areas of your health.

Nutrition
Wellness
Detoxification
Loss Weight
Movement
Mindset

3 GROUP SESSIONS

WEDNESDAY	SUNDAY	SUNDAY
12 JUNE	23 JUNE	30 JUNE
7pm-9pm	7pm-8.15pm	7pm-8.15pm

You will receive a detailed comprehensive guide booklet.

Commit to your health and sign up today!

The package includes:

- 3 x Bodytree classes
- Round the clock support with a dedicated WhatsApp group and expert advice.
- Discounted pricing for ongoing private consultations with Suzie.

Investment: AED 995

All prices are inclusive of VAT.

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 @yourhealthguidest

