

New Moon in Taurus– Heart and Fire Element Workshop with Jacquie



The time has now come when the risk to remain tight in a bud is more painful than the risk it takes to blossom”. Anais Nin.

The 'seat of the soul' is the heart and spirit. When the heart is open the soul can travel and express its creativity manifesting its true essence; which is love and gratitude.

In honour of the New Moon in Taurus; which is governed by the heart chakra, this practice is a combination of Yin to awaken the stirrings of the heart and fill it with deep gratitude for all that is nurturing and nourishing in our daily lives.

- 🌿 Date: Saturday 4 May
- 🌿 Time: 2pm-5pm
- 🌿 Investment: AED 285

All prices are inclusive of VAT.

Book your place by emailing
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