

Pilates Instructor Job Description

Bodytree Studio, Abu Dhabi are seeking an experienced Pilates Instructor to join our team. The appropriate candidate will be a very client-focused instructor wanting to develop relationships with our clients and give them the best experience possible.

The Instructor will be responsible for (but not limited to):

- Pilates instruction to include group mat and reformer classes, private and semiprivate training as scheduled by management.
- Visually inspect the rooms and equipment prior to the beginning of class to ensure equipment is in good working order and safe to use
- Regularly inspect equipment for damage or wear and make recommendations to management about updates
- Must arrive at a set time prior to the beginning of each scheduled class or private/semiprivate session
- Participation in staff meetings and Bodytree events
- Self-promote own classes along with other instructors' classes

You must be/have:

- Must be qualified and skilled at teaching mat pilates, along with a variety of equipment, including but not limited to, Reformer, Springboard and other equipment as needed to ensure a safe yet creative group experience.
- Experience in teaching Wunda Chair and Cadillac desirable
- Able to speak fluent English and be able to communicate well with others both one-on-one and in front of groups
- Up to date CPR training or willingness to obtain
- Demonstrated anatomical knowledge and focus on safety
- Pleasant demeanor and excellent customer service skills
- Demonstrated group reformer instruction abilities
- Professional and effective communication skills
- In depth understanding of the benefits of Pilates
- Willingness to evolve with new developments in the fitness industry, specifically Pilates
- Punctual and Reliable
- Ability to implement and streamline new procedures in a diverse environment
- Ability to recognize areas of improvement and proactively communicate with management
- Consistently uses excellent judgment
- Ability to work harmoniously with the public, management, and instructors
- Professional and neat
- Trustworthy and maintains confidentiality