

BODYTREE CLASS SCHEDULE



	Sunday	Monday	Tuesday	Wednesday	Thursday	Saturday
8:00am	8am - 9am BTB Anya		8:30am - 9:30am Yoga Joelle	8am - 9am BTB Barre Anya	8am - 9am BTB Jumpstart Mouna	9am - 10am Yoga Joelle
9:00am		8:45am - 9:45am BTB Jumpstart Mouna			9:15am - 10:30am Ashtanga Yoga Joelle	
10:00am		10:15am - 11:15am Prenatal Yoga/ Yoga Therapy Zelmae			10:30am - 11:30am Zumba Mariana	
11:00am						

4:00pm					3:30pm - 4:30pm Hip Hop 3 (ages 11 to 15) Nader	
5:00pm						
6:00pm	6:15pm - 7:15pm Hip Hop 3 (ages 11 to 15) Nader					
7:00pm	7:30pm - 8:45pm Yoga Didier		7:30pm - 8:45pm Yoga Didier			



All classes are subject to change of instructor.
If you have any questions about classes or times,
please call us on 02 443 4448 or 02 444 1118,
or email info@bodytreestudio.com.