

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SUNRISE	7:30AM MORNING YOGA FLOW DIDIER		6:00AM POWER YOGA (LADIES) VERA IN STUDIO & ONLINE				
8:00AM	8:45AM BTB DANCE CARDIO (LADIES) ANISSA IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB BOUNCE (LADIES) ANYA	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE			
9:00AM	PILATES REFORMER SCULPT (LADIES) ANYA	PILATES TOWER (LADIES) ANYA		BTB BOUNCE REPLAY ONLINE ANYA	PILATES TOWER (LADIES) ANYA		PURE REFORMER I/II MARIE
		9:30AM POWER FLOW REFORMER II/III (LADIES) FE			BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE		
10:00AM	BTB SHRED (LADIES) ANISSA	10:15AM BTB BARRE (LADIES) ANYA IN STUDIO & ONLINE	PRENATAL YOGA ONLINE ZELMARE		10:15AM BTB BARRE (LADIES) ANYA	HORMONE YOGA THERAPY ONLINE (LADIES) TRACY ASSAAD	BTB BOUNCE REPLAY ONLINE ANYA
			10:30AM PURE REFORMER I/II (LADIES) ANYA		10:30AM PURE REFORMER I/II (LADIES) FE	POWER YOGA DIDIER	10:15AM PURE REFORMER I/II MARIE
					10:45AM PRENATAL YOGA (LADIES) SELENA		10:30AM HATHA VINAYASA SHAHAD
11:00AM	PRENATAL REFORMER (LADIES) FE					11:15AM POWER VINAYASA MICHELLE	
							11:30AM POWER FLOW REFORMER II/III DIDIER
LUNCH	12:00PM ADULT BALLET (LADIES) REBECCA		1:00PM ADULT BALLET (LADIES) REBECCA		1:00PM ADULT BALLET (LADIES) REBECCA		
5:00PM		OPEN LEVEL REFORMER (LADIES) ANYA		OPEN LEVEL REFORMER (LADIES) ANYA	5:45PM POWER YOGA SHAHAD		
		5:45PM HATHA FLOW PRENATAL SUITABLE (LADIES) JOELLE		5:30PM YIN FLOW PRENATAL SUITABLE (LADIES) JOELLE	5:45PM ASHTANGA JOELLE		
6:00PM	OPEN LEVEL REFORMER (LADIES) FE	BEGINNER YOGA SHAHAD	BTB BARRE (LADIES) ANYA	BODYTREE BODY (LADIES) ANYA			
	6:15PM HATHA POWER FLOW JOELLE	6:15PM BODYTREE BODY (LADIES) ANYA IN STUDIO & ONLINE	6:15PM YOGA THERAPY (LADIES) JOELLE IN STUDIO & ONLINE	PILATES MAT FLOW SHRUTI			
	6:30PM BTB BOUNCE (LADIES) ANYA		6:15PM ASHTANGA 1.5 EXPRESS MICHELLE IN STUDIO & ONLINE				
	6:30PM PURE REFORMER I/II DIDIER						
7:00PM	7:15PM POWER FLOW REFORMER II/III DIDIER		PILATES JUMPFIT ANYA		7:00PM PURE REFORMER I/II MARIE		
	7:30PM SOUND HEALING VIDYA	7:30PM PURE REFORMER I/II DIDIER	7:30PM POWER YOGA DIDIER		7:15PM POWER FLOW REFORMER II/III FE		
	7:45PM STRENGTH YOG A (LADIES) DALIA	7:30PM YOGA NIDRA VERA			7:15PM BEGINNER YOGA DIDIER		
8:00PM	VINYASA FLOW DIDIER						

