MAY SCHEDULE

| | 010 | | THES. *** | | T | EDIE | 0.7115 |
|---------|--|--|---|---|--|--|---|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | 8:45AM BTB DANCE CARDIO (LADIES) ANISSA IN STUDIO & ONLINE | 8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE | 8:45AM BTB BOUNCE (LADIES) ANYA | 8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE | | | |
| | | | 8:45AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE | | 8:45AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE | | |
| 9:00AM | | OPEN LEVEL REFORMER (LADIES) ANYA | | BTB BOUNCE REPLAY ONLINE ANYA | PILATES TOWER (LADIES) ANYA | 9:15AM HATHA YOGA <i>DIDIER</i> | PURE REFORMER I/II MARIE |
| | 9:30AM PILATES REFORMER SCULPT (LADIES) ANYA | 9:30AM POWER FLOW REFORMER II/III (LADIES) FE | | 9:30AM POWER FLOW REFORMER II/III (LADIES) FE | | | |
| 10:00AM | 10:15AM ZUMBA <mark>(LADIES)</mark> <i>MARA</i> | 10:15AM BTB BARRE (LADIES) ANYA IN STUDIO & ONLINE | | BTB DANCE CARDIO EXPRESS (LADIES) NADIA & ANISSA IN STUDIO & ONLINE | 10:15AM BTB BARRE (LADIES) ANYA | MONTHLY YOGA THERAPY OR FACE YOGA ONLINE (LADIES) TRACY ASSAAD | 10:15AM POWER YOGA <i>DIDIER</i> |
| | | | 10:30AM PURE REFORMER I/II (LADIES) ANYA | ADUIT BOILYWOOD DANCE WORKOUT (LADIES) WITH SHONI | 10:30AM PURE REFORMER I/II (LADIES) FE | | 10:15AM PURE REFORMER I/II <i>MARIE</i> |
| | | | | 10:45AM BTB CONTROL (LADIES) NADIA & ANISSA IN STUDIO & ONLINE | 10:45AM PRENATAL YOGA (LADIES) <i>SELENA</i> | | |
| 11:00AM | PRENATAL REFORMER (LADIES) FE | | | | | POWER YOGA DIDIER | |
| | 11:30AM INTERMEDIATE/ADVANCED ADULT BALLET (LADIES) SUSIE | | | | | | 11:30AM POWER FLOW REFORMER II/III DIDIER |
| 5:00PM | | OPEN LEVEL REFORMER (LADIES) ANYA | | OPEN LEVEL REFORMER (LADIES) ANYA | | | TEC WELLINESS |
| | | | | | 5:45PM ASHTANGA <i>JOELLE</i> | | bodytr |
| 6:00PM | OPEN LEVEL REFORMER (LADIES) FE | 6:15PM ASHTANGA <i>TINA BOCK</i> | BTB BARRE (LADIES) ANYA | BODYTREE BODY (LADIES) ANYA | | | boo |
| | pure reformer I/II DIDIER | 6:15PM BEGINNER YOGA <i>SHAHAD</i> | 6:15PM Yoga RX <i>Joelle</i> | PILATES MAT FLOW SHRUTI | | | |
| | 6:15PM POWER HATHA/VINYASA <i>JOELLE</i> | 6:15PM BODYTREE BODY (LADIES) ANYA IN STUDIO & ONLINE | 6:15PM ASHTANGA 1.5 EXPRESS MICHELLE IN STUDIO & ONLINE | VINYASA FLOW DIDIER | | | K |
| | 6:30PM BTB BOUNCE (LADIES) ANYA | | | 6:15PM PRENATAL YOGA ONLINE (LADIES) ZITA | 6:30PM FLEXIBILITY FLOW (LADIES) SHAHAD | | |
| 7:00PM | HATHA YOGA <i>HAMAD</i> | PURE REFORMER I/II DIDIER | PILATES JUMP FIT ANYA | 7:15PM POWER FLOW REFORMER II/III FE | | | |
| | 7:15PM POWER FLOW REFORMER II/III DIDIER | | | 7:15PM INTERMEDIATE HATHA DIDIER | | | |
| | 7:30PM SOUND HEALING <i>VIDYA</i> | 7:30PM POWER VINYASA MICHELLE IN STUDIO & ONLINE | 7:30PM POWER YOGA <i>DIDIER</i> | 7:30PM SOUND HEALING (LADIES) VIDYA | | | |
| 8:00PM | VINYASA FLOW DIDIER | hatha intermediate Didier | | | | 000 | |
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