

RAMADAN SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM	8:45AM RADIANT FLOW (LADIES) ANGELA						
9:00AM	9:30AM BTB DANCE CARDIO (LADIES) ANISSA IN STUDIO & ONLINE	9:30AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	9:30AM BTB BOUNCE (LADIES) ANYA	9:30AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	9:30AM YOGA SHRED CECI		
		9:30AM OPEN LEVEL REFORMER (LADIES) ANYA	9:30AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE	9:30AM OPEN LEVEL REFORMER (LADIES) ANYA	9:30AM BTB JUMPSTART (LADIES) MOUNA		
			9:30AM BASICS & CARE REFORMER (LADIES) ANITA		9:30AM PILATES TOWER (LADIES) ANYA		
10:00AM	10:15AM PILATES REFORMER SCULPT (LADIES) ANYA	POWER FLOW REFORMER II/III (LADIES) ANITA	YIN YOGA (LADIES) ANGELA			POWER YOGA JOELLE	PURE REFORMER I/II AMRA
	10:45AM BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE			10:45AM BTB DANCE CARDIO EXPRESS (LADIES) ANISSA IN STUDIO & ONLINE	10:45AM BTB BARRE (LADIES) ANYA		10:15AM DYNAMIC PILATES MENNAT
					10:45AM PRENATAL YOGA (LADIES) SELENA		10:15AM POWER FLOW STRETCH MICHAEL
11:00AM	11:30AM PRENATAL REFORMER (LADIES) FE	11:15AM BTB BARRE (LADIES) ANYA IN STUDIO & ONLINE	11:15AM PURE REFORMER I/II (LADIES) ANGELA		PURE REFORMER I/II (LADIES) ANGELA		POWER FLOW REFORMER II/III AMRA
				11:30AM BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE			11:15AM KIDS YOGA (AGES 7 - 12) ABEER
4:00PM	OPEN LEVEL REFORMER (LADIES) ANITA	POWER FLOW REFORMER II/III (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA	POWER FLOW REFORMER II/III (LADIES) ANYA			
			PRENATAL YOGA (LADIES) JOELLE IN STUDIO & ONLINE				
			4:15PM DYNAMIC PILATES MAT MENNAT	4:30PM STRETCH AND RELEASE BELINDA			
5:00PM		BODYTREE BODY (LADIES) ANYA	ASHTANGA VINYASA (LADIES) JOELLE	BODYTREE BODY (LADIES) ANYA			
	5:15PM BTB BOUNCE (LADIES) ANYA		BTB BARRE (LADIES) ANYA	5:15PM PILATES MAT FLOW FE	5:30PM POWER YOGA JOELLE		5:30PM HATHA POWER FLOW MICHAEL
	5:15PM PURE REFORMER I/II FE		5:15AM PRENATAL REFORMER (LADIES) FE	5:15PM POWER FLOW REFORMER II/III ANGELA			
	5:15PM SOUND HEALING VIDYA			5:30PM INTERMEDIATE HATHA (LADIES) CHAITHRA			
6:00PM	ASHTANGA PRIMARY JOELLE						
7:00PM	POWER FLOW REFORMER II/III ANGELA	HATHA INTERMEDIATE MICHAEL					
		BEGINNER YOGA SHAHAD					
		STRETCH N SNOOZE ANGELA	7:45PM POWER YOGA MICHAEL				
8:00PM		8:30PM YIN YANG YOGA ONLINE JOELLE	8:30PM YOGA THERAPY ONLINE JOELLE				



Classes are subject to change at last minute.
Always check the online schedule via the
Bodytree Studio App or our website