JUNE SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM			8:45AM BTB BOUNCE (LADIES) ANYA				
	8:45AM BTB DANCE CARDIO (LADIES) ANISSA IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE		
9:00AM		OPEN LEVEL REFORMER (LADIES) ANYA	BASICS & CARE REFORMER (LADIES) ANITA	9:30AM OPEN LEVEL REFORMER (LADIES) ANYA	PILATES TOWER (LADIES) ANYA		PURE REFORMER I/II AMRA
	9:30AM PILATES SCULPT REFORMER (LADIES) ANYA	POWER FLOW REFORMER II/III (LADIES) ANITA			YOGA SHRED (LADIES) CECI		
10:00AM	BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE		YIN YOGA (LADIES) ANGELA	BTB DANCE CARDIO EXPRESS (LADIES) ANISSA IN STUDIO & ONLINE	10:15AM BTB BARRE (LADIES) ANYA	POWER YOGA JOELLE	
	BEGINNER REFORMER (LADIES) ANGELA	10:15AM BTB BARRE (LADIES) ANYA IN STUDIO & ONLINE	10:30AM PURE REFORMER I/II (LADIES) ANYA		10:30AM PURE REFORMER I/II (LADIES) ANITA		PURE REFORMER I/II AMRA
				10:45AM BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE	10:45AM PRENATAL YOGA (LADIES) SELENA		10:15AM DYNAMIC PILATES MAT <i>MENNAT</i>
11:00AM							11:15AM KIDS YOGA (AGES 7 - 12) <i>ABEER</i>
5:00PM	PRENATAL YOGA JOELLE	POWER FLOW REFORMER II/III (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA	POWER FLOW REFORMER II/III (LADIES) ANYA			
	OPEN LEVEL REFORMER (LADIES) ANITA		BTB BARRE (LADIES) ANYA	BODYTREE BODY (LADIES) ANYA			HATHA POWER FLOW MICHAEL
6:00PM	6:15PM ASHTANGA PRIMARY <i>JOELLE</i>	6:15PM BEGINNER YOGA SHAHAD		PILATES MAT FLOW SHRUTI			odvtree
0:000111	6:30PM BTB BOUNCE (LADIES) ANYA	6:15PM BODYTREE BODY (LADIES) ANYA IN STUDIO & ONLINE	6:15PM ASHTANGA INTERMEDIATE JOELLE	POWER YOGA MICHAEL STARTS 23RD JUNE			WELLNESS
			6:30PM DYNAMIC PILATES MAT <i>MENNAT</i>				
	7:15PM POWER FLOW REFORMER II/III ANITA	PURE REFORMER I/II ANITA		POWER FLOW REFORMER II/III ANITA			
7:00PM	7:30PM SOUND HEALING <i>VIDYA</i>		7:30PM YOGA THERAPY JOELLE	BEGINNER REFORMER SHRUTI			1/2
	7:15PM VINYASA FLOW (LADIES) JOELLE			7:30PM INTERMEDIATE HATHA CHAITRA			
8:00PM		HATHA INTERMEDIATE MICHAEL 8:15PM				700	
	!	8:15PM STRETCH N SNOOZE ANGELA			Classes	yra subject to change	1 - 1 - 1 - 1 - 1

Classes are subject to change at last minute.

Always check the online schedule via the

Bodytree Studio App or our website