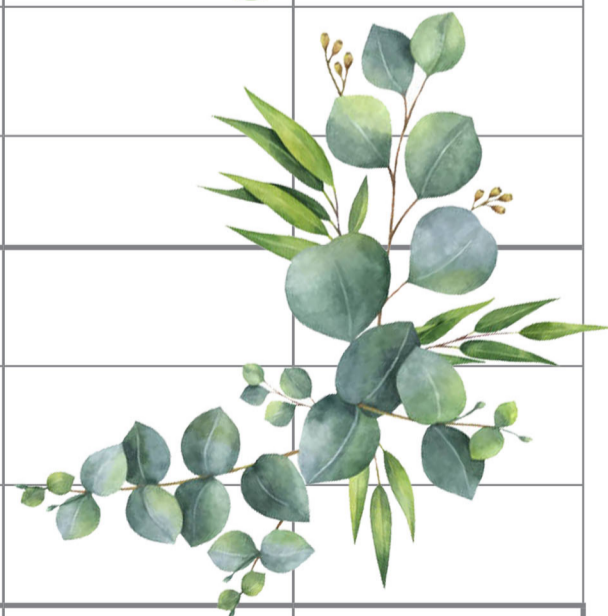


SEPTEMBER SCHEDULE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM			8:45AM BTB BOUNCE (LADIES) ANYA				
	8:45AM BTB DANCE CARDIO (LADIES) ANISSA IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB JUMPSTART (LADIES) MOUNA IN STUDIO & ONLINE		
9:00AM		OPEN LEVEL REFORMER (LADIES) ANYA		9:30AM OPEN LEVEL REFORMER (LADIES) ANYA	PILATES TOWER (LADIES) ANYA		PURE REFORMER I/II AMRA
	9:30AM PILATES SCULPT REFORMER (LADIES) ANYA	POWER FLOW REFORMER II/III (LADIES) SUB			YOGA SHRED (LADIES) CECI		
10:00AM	BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE		YIN YOGA (LADIES) ANGELA	BTB DANCE CARDIO EXPRESS (LADIES) ANISSA IN STUDIO & ONLINE	10:15AM BTB BARRE (LADIES) ANYA	POWER YOGA JOELLE	PURE REFORMER I/II AMRA
		10:15AM BTB BARRE (LADIES) ANYA IN STUDIO & ONLINE	10:30AM PURE REFORMER I/II (LADIES) ANYA		10:30AM PURE REFORMER I/II (LADIES) SUB		
				10:45AM BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE	10:45AM PRENATAL YOGA (LADIES) SELENA		
11:00AM		11:15AM PRENATAL YOGA (LADIES) JOELLE					11:15AM KIDS YOGA (AGES 7 - 12) ABEER
12:00PM							ADULT CONTEMPORARY DANCE LANA
5:00PM	PRENATAL YOGA (LADIES) JOELLE	POWER FLOW REFORMER II/III (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA	POWER FLOW REFORMER II/III (LADIES) ANYA			
				PRENATAL YOGA (LADIES) VIDYA			
6:00PM	BEGINNER YOGA CHAITHRA		BTB BARRE (LADIES) ANYA	BODYTREE BODY (LADIES) ANYA			POWER YOGA MICHAEL
	OPEN LEVEL REFORMER (LADIES) LILLIAN	6:15PM BEGINNER YOGA SHAHAD		POWER YOGA MICHAEL			
	6:15PM ASHTANGA PRIMARY JOELLE	6:15PM BODYTREE BODY (LADIES) ANYA IN STUDIO & ONLINE	6:15PM ASHTANGA INTERMEDIATE JOELLE				
	6:30PM BTB BOUNCE (LADIES) ANYA		6:30PM DYNAMIC PILATES MAT (LADIES) MENNAT				
7:00PM	PILATES MAT FLOW LILLIAN	PURE REFORMER I/II SUB		POWER FLOW REFORMER II/III SUB			
	7:15PM POWER FLOW REFORMER II/III ANGELA		7:30PM YOGA THERAPY JOELLE				
	7:30PM SOUND HEALING VIDYA			7:30PM INTERMEDIATE HATHA CHAITHRA			
8:00PM		HATHA INTERMEDIATE MICHAEL					
		8:15PM STRETCH N SNOOZE ANGELA					



Classes are subject to change at last minute.
Always check the online schedule via the
Bodytree Studio App or our website