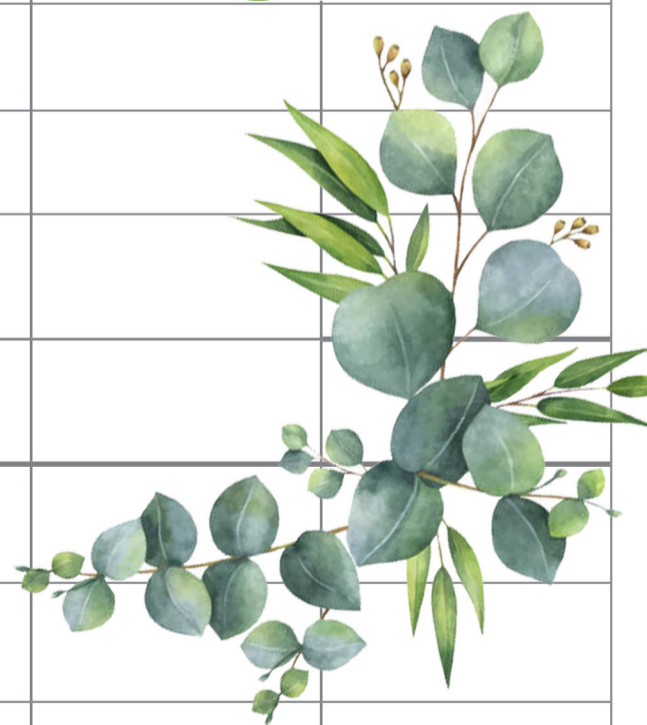


APRIL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00AM	8:30AM OPEN LEVEL REFORMER (LADIES) AHLAM		8:45AM BTB BOUNCE (LADIES) ANYA				
	8:45AM BTB DANCE CARDIO (LADIES) ANISSA IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE	8:45AM BTB ADVANCED (LADIES) NADIA & ANISSA IN STUDIO & ONLINE	8:45AM BTB JUMPSTART (LADIES) ANISSA		
	8:45AM VINYASA FLOW (LADIES) VIDYA						
9:00AM		POWER FLOW REFORMER II/III (LADIES) AHLAM		CORE STRENGTH VINYASA (LADIES) CECI	PILATES TOWER (LADIES) ANYA	FREE COMMUNITY YOGA CLASS VARIOUS	PURE REFORMER I/II DAPHNE
	9:30AM POWER FLOW REFORMER II/III (LADIES) AHLAM	PILATES SCULPT REFORMER (LADIES) ANYA	9:30AM OPEN LEVEL REFORMER (LADIES) DAPHNE	9:30AM PURE REFORMER I/II (LADIES) ANYA	YOGA SHRED (LADIES) CECI		
	9:30AM PILATES SCULPT REFORMER (LADIES) ANYA		9:30AM PILATES SCULPT REFORMER (LADIES) ANISSA	9:30AM REFORMER POWER HOUR (LADIES) AHLAM			
10:00AM	BTB CONTROL (LADIES) MENNAT IN STUDIO & ONLINE	OPEN LEVEL REFORMER (LADIES) AHLAM	YIN YOGA (LADIES) ANGELA		10:15AM BTB BARRE (LADIES) ANYA		PURE REFORMER I/II AMRA
		10:15AM BTB BARRE (LADIES) ANYA IN STUDIO & ONLINE	10:30AM PURE REFORMER I/II (LADIES) ANYA		10:15AM SOUND HEALING (LADIES) VIDYA		POWER FLOW REFORMER II/III DAPHNE
					10:30AM PURE REFORMER I/II (LADIES) LILLIAN		
					10:45AM PRENATAL YOGA (LADIES) SELENA		10:45AM KIDS YOGA (AGES 7 - 12) ABEER
11:00AM - LUNCH	MOVING MEDITATIONS MARY					ASHTANGA VINYASA JOELLE	POWER FLOW REFORMER II/III AMRA
	11:30AM ADULT BALLET SUSIE	11:30AM CONTEMPORARY SUSIE	11:30AM ADULT BALLET SUSIE	11:30AM ADULT BALLET SUSIE			12:00PM ADULT CONTEMPORARY DANCE LANA
5:00PM	PRENATAL REFORMER (LADIES) AHLAM	PILATES SCULPT REFORMER (LADIES) ANYA	PURE REFORMER I/II (LADIES) ANYA	PILATES SCULPT REFORMER (LADIES) ANYA			
6:00PM	PURE REFORMER I/II (LADIES) LILLIAN	WUNDA CHAIR & SPINE CORRECTOR LILLIAN	BTB BARRE (LADIES) ANYA	BTB BARRE (LADIES) JASMIN			
	HATHA FLOW ALEXANDRA	OPEN LEVEL REFORMER (LADIES) AHLAM	OPEN LEVEL REFORMER (LADIES) DAPHNE	POWER YOGA MICHAEL			
	OPEN LEVEL REFORMER AHLAM	6:15PM BEGINNER YOGA SHAHAD		PURE REFORMER I/II CARLOS			
		6:15PM BODYTREE BODY (LADIES) ANYA IN STUDIO & ONLINE	6:30PM DYNAMIC PILATES MAT (LADIES) MENNAT	PURE REFORMER I/II (LADIES) ANYA			
				6:30PM PRENATAL YOGA (LADIES) CHAITHRA			
7:00PM	PILATES MAT FLOW LILLIAN	PURE REFORMER I/II CARLOS	OPEN LEVEL REFORMER (LADIES) DAPHNE	PURE REFORMER I/II (LADIES) AHLAM			
	POWER FLOW REFORMER II/III ANGELA		CONTEMPORARY MARY	POWER FLOW REFORMER II/III CARLOS			
		7:30PM HATHA INTERMEDIATE MICHAEL		7:30PM BEGINNER YOGA CHAITHRA			
8:00PM				OPEN LEVEL REFORMER DAPHNE			



Classes are subject to change at last minute.
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