


A group of women are shown from the back, wearing black athletic tops, performing a yoga pose. Their hands are pressed together in a prayer position (Anjali Mudra) behind their backs. The image is used as a background for a title.

# RAMADAN SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00AM	9:15AM BTB DANCE CARDIO (LADIES) ANISSA	9:15AM ATHLETIC REFORMER (LADIES) ANYA	9:15AM BTB BOUNCE (LADIES) ANYA	9:15AM BTB ADVANCED (LADIES) NADIA & ANISSA	TOWER REFORMER (LADIES) ANYA		FOUNDATION REFORMER DAPHNE
	9:15AM VINYASA FLOW (LADIES) VIDYA	9:15AM ATHLETIC REFORMER (LADIES) ANITA	9:30AM ATHLETIC REFORMER (LADIES) ANISSA	9:15AM VINYASA & MEDITATION (LADIES) CECI	9:15AM YOGA SHRED (LADIES) CECI		
	9:30AM ATHLETIC REFORMER (LADIES) ANYA	9:15AM BTB ADVANCED (LADIES) NADIA & ANISSA	9:30AM OPEN LEVEL REFORMER (LADIES) SUZIE C	9:30AM ATHLETIC REFORMER (LADIES) ANITA			
	9:30AM OPEN LEVEL REFORMER (LADIES) MENNAT			9:30AM OPEN LEVEL REFORMER (LADIES) ANYA			
10:00AM	10:30AM ATHLETIC REFORMER (LADIES) ANYA	BTB MAT (LADIES) MENNAT	YIN YOGA (LADIES) ANGELA	ANIMAL FLOW CARLOS	10:30AM BTB BARRE (LADIES) ANYA		OPEN LEVEL REFORMER DAPHNE
		10:15AM OPEN LEVEL REFORMER (LADIES) ANITA	10:30AM ATHLETIC REFORMER (LADIES) ANISSA		10:30AM OPEN LEVEL REFORMER (LADIES) LILLIAN		
		10:30AM BTB BARRE (LADIES) ANYA	10:30AM OPEN LEVEL REFORMER (LADIES) ANYA		10:45AM PRENATAL YOGA (LADIES) SELENA		10:45AM KIDS YOGA (AGES 7 - 12) ABEER
11:00AM - LUNCH		12:00PM ADULT BALLET ADVANCED SUZIE	11:30AM CONTEMPORARY DANCE LILLIAN	12:00PM ADULT BALLET ADVANCED SUZIE		HATHA VINYASA FLOW SHAHAD	ATHLETIC REFORMER DAPHNE
4:00PM	BTB CONTROL (LADIES) MENNAT		BTB CONTROL (LADIES) MENNAT	ATHLETIC REFORMER (LADIES) ANYA			
	PRENATAL REFORMER (LADIES) ANITA		OPEN LEVEL REFORMER (LADIES) ANYA				
5:00PM	HATHA FLOW ALEXANDRA	ATHLETIC REFORMER (LADIES) ANYA	BTB BARRE (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA			POWER YOGA MICHAEL
	OPEN LEVEL REFORMER (LADIES) LILLIAN	PRENATAL YOGA (LADIES) CHAITHRA		OPEN LEVEL REFORMER CARLOS			
6:00PM	PILATES MAT FLOW LILLIAN	ANIMAL FLOW CARLOS	FOUNDATION REFORMER SUZIE C	6:30PM BEGINNER YOGA CHAITHRA			
		6:15PM BEGINNER YOGA SHAHAD					
7:00PM	ATHLETIC REFORMER ANGELA	OPEN LEVEL REFORMER CARLOS	OPEN LEVEL REFORMER (LADIES) DAPHNE	ATHLETIC REFORMER CARLOS			
		7:30PM HATHA INTERMEDIATE MICHAEL					
		7:30PM OPEN LEVEL TEEN/ADULT BALLET MARY					
					Classes are subject to change at last minute. Always check the online schedule via mindbody or visit our website <a href="http://www.bodytreestudio.com">www.bodytreestudio.com</a>		