


# OCTOBER

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>7:00AM &amp; 8:00AM</b>	<b>7:30AM</b> TOWER REFORMER (LADIES) PANAGIOTA	<b>08:50 AM</b> BODYTREE BODY (LADIES) NADIA/ANISSA	<b>7:30AM</b> OPEN LEVEL REFORMER (LADIES) SUZI C	<b>8:50AM</b> BODYTREE BODY (LADIES) NADIA/ANISSA	<b>8:15AM</b> BTB CONTROL (LADIES) SHIREEN		
	<b>8:00AM</b> BODYTREE BODY (LADIES) ANISSA		<b>8:30AM</b> OPEN LEVEL REFORMER (LADIES) SUZI C		<b>8:15AM</b> OPEN LEVEL REFORMER (LADIES) STINE		
	<b>8:30AM</b> HATHA FLOW YOGA (LADIES) RIA		<b>08:45AM</b> BTB CONTROL+ (LADIES) MENNAT				
	<b>8:30AM</b> OPEN LEVEL REFORMER (LADIES) MENNAT						
	<b>8:45AM</b> KRAMA YOGA (LADIES) VIDYA						
<b>9:00AM</b>	<b>9:30AM</b> ATHLETIC REFORMER (LADIES) ANYA	ATHLETIC REFORMER (LADIES) ANYA	<b>9:30AM</b> OPEN LEVEL REFORMER (LADIES) ANYA	YIN/YANG VINYASA AND MEDITATION (LADIES) CECILIA	CORE STRENGTH VINYASA (LADIES) JUSTYNA	MIXED EQUIPMENT REFORMER PANAGIOTA	OPEN LEVEL REFORMER SUZI C
	<b>9:30AM</b> BEGINNER REFORMER (LADIES) PANAGIOTA	ATHLETIC REFORMER (LADIES) STINE		<b>9:30AM</b> OPEN LEVEL REFORMER (LADIES) ANYA	TOWER REFORMER (LADIES) ANYA	<b>9:30AM</b> HATHA FLOW NADINE	OPEN LEVEL REFORMER DAPHNE
				<b>09:45AM</b> ATHLETIC REFORMER (LADIES) STINE	<b>9:15AM</b> ATHLETIC MAT PILATES (LADIES) STINE		
<b>10:00AM</b>	BTB CONTROL+ (LADIES) MENNAT	OPEN LEVEL REFORMER (LADIES) ANITA	YIN YOGA (LADIES) ANGELA	<b>10:30AM</b> RESTORE & RENEW (LADIES) SUZI C	<b>10:15AM</b> BTB BARRE (LADIES) ANYA	FOUNDATION REFORMER PANAGIOTA	FOUNDATION REFORMER SUZI C
		RADIANT FLOW (LADIES) CECILIA	<b>10:30AM</b> FOUNDATION REFORMER (LADIES) LILLIAN		<b>10:30AM</b> OPEN LEVEL REFORMER (LADIES) LILLIAN		OPEN LEVEL REFORMER DAPHNE
		<b>10:15AM</b> BTB BARRE (LADIES) ANYA			<b>10:45AM</b> PRENATAL YOGA (LADIES) SELENA		
		<b>10:30AM</b> ANIMAL FLOW CARLOS					
<b>11:00AM</b>						TAI CHI CHRISTINE	ATHLETIC REFORMER SUZI C
						BEGINNER REFORMER PANAGIOTA	
						POWER YOGA DIDIER	
<b>12:00PM</b>						ADULT BALLET INTERMEDIATE/ADVANCED LILLIAN	ANIMAL FLOW SUZI C
						BEGINNER REFORMER (LADIES) PANAGIOTA	
<b>4:00PM</b>		PRENATAL REFORMER (LADIES) SUZI C			PRENATAL REFORMER (LADIES) PANAGIOTA		
<b>5:00PM</b>	PRENATAL REFORMER (LADIES) ANITA	ATHLETIC REFORMER (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA	ATHLETIC REFORMER (LADIES) ANYA	ASHTANGA VINYASA MIXED SERIES JOELLE		
				FOUNDATION REFORMER (LADIES) SUZI C			
<b>6:00PM</b>	BTB CONTROL (LADIES) SHIREEN	ANIMAL FLOW CARLOS	BTB BARRE (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) ANYA	FOUNDATION REFORMER PANAGIOTA		POWER YOGA MICHAEL
	OPEN LEVEL REFORMER (LADIES) LILLIAN	ATHLETIC REFORMER (LADIES) ANYA	OPEN LEVEL REFORMER (LADIES) DAPHNE	OPEN LEVEL REFORMER CARLOS			
	<b>6:30PM</b> POWER YOGA DIDIER	OPEN LEVEL REFORMER (LADIES) SUZI C	FOUNDATION REFORMER SUZI C	POWER YOGA DIDIER			
		PRENATAL YOGA (LADIES) CHAITHRA	<b>6:30PM</b> HATHA FLOW YOGA (LADIES) NADINE	<b>6:30PM</b> BEGINNER YOGA CHAITHRA			
		<b>6:15PM</b> YOGA FOUNDATIONS DIDIER					
<b>7:00PM &amp; 8:00PM</b>	ATHLETIC REFORMER ANGELA	FOUNDATION REFORMER SUZI C	ATHLETIC REFORMER (LADIES) ANGELA	FOUNDATION REFORMER PANAGIOTA	 <b>bodytree</b> WELLNESS CLASSES ARE SUBJECT TO CHANGE AT THE LAST MINUTE ALWAYS CHECK THE SCHEDULE VIA THE BODYTREE STUDIO APP		
	OPEN LEVEL REFORMER (LADIES) DAPHNE	OPEN LEVEL REFORMER CARLOS	<b>7:15PM</b> POWER VINYASA SAHAR	ATHLETIC REFORMER CARLOS			
	PILATES MAT FLOW LILLIAN	PRANAYAMA + YOGA NIDRA CHAITHRA		ANIMAL FLOW SUZI C			
	<b>7:15PM</b> POWER VINYASA SAHAR	<b>7:15PM</b> ADULT BALLET INTERMEDIATE/ADVANCED LILLIAN		<b>8:00PM</b> BEGINNER REFORMER PANAGIOTA			
		<b>7:15PM</b> HATHA INTERMEDIATE MICHAEL					